

AL ABBASI

ONLINE QURAN ACADEMY

Introduction

Journey Through the Heart of the Quran (Surah Al-Zilzal to Surah Al-Nas)

Welcome to a special journey through the final and most cherished chapters of the Holy Quran. Here at AL ABBASI ONLINE QURAN ACADEMY, we believe that understanding the Quran is a lifelong pursuit of light and guidance. This section is dedicated to the Surahs (chapters) from Surah Al-Zilzal (The Earthquake) to Surah Al-Nas (Mankind) .

These Surahs, primarily revealed in Makkah, form the bedrock of our daily prayers (Salah) and are often the first chapters Muslims learn to recite. Their greatest beauty lies in their simplicity—they are notably easy to memorize and can be recited effortlessly during our busy routines, whether we are commuting, working, or taking a short break. You can recite them in your five daily prayers, bringing the tranquility of the Quran into every moment of your life.

Though short in length, they are profound in meaning and immense in blessing. They beautifully encapsulate the core messages of Islam: the reality of the Hereafter, the absolute Oneness of Allah (Tawhid), the importance of sincere worship, and the eternal struggle between good and evil. There are countless spiritual and worldly benefits associated with these Surahs—benefits that you will come to discover and feel in your heart as you begin to recite, understand, and implement their teachings in your life.

Whether you are a student beginning with our Online Noorani Qaida Course or a lifelong learner enrolled in our Online Quran Tafsir Course, Online Quran Tajweed Course, or Hifz Course, we pray that diving into the meanings of these powerful Surahs illuminates your path, strengthens your connection with the Quran, and brings you closer to Allah.

May this journey be a source of blessings and increased iman for you and your family. Happy learning!



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سُورَةُ الْفَاتِحَةِ

Sūrah al-Fātiḥah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Alḥamdu lillāhi rabbil-‘ālamīn

Praise be to Allah, the Lord of all the worlds

الرَّحْمَنِ الرَّحِيمِ مَلِكِ يَوْمِ الدِّينِ

Māliki Yawmid-Dīn

Ar-Rahmānir-Rahīm

Master of the Day of Judgment.

The Most Gracious, the Most Merciful

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

Iyyāka na’budu wa iyyāka nasta’in

You alone we worship, and You alone we ask for help.

اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Ihdinās-ṣirāṭal-mustaqīm

Guide us to the straight path.

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

Ṣirāṭal-ladhīna an’amta ‘alayhim

The path of those upon whom You have bestowed Your blessings.

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

ghayril-maghḍūbi ‘alayhim wa lā ḍ-ḍāllīn

Not of those who have earned Your anger, nor of those who have gone astray.



سُورَةُ النَّاسِ

Sūratu an-Nās

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

قُلْ أَعُوذُ بِرَبِّ النَّاسِ

Qul a'ūdhu bi-rabbi n-nās

Say, I seek refuge in the Lord of mankind,,

مَلِكِ النَّاسِ

Maliki n-nās

The King of mankind,

إِلَهِ النَّاسِ

Ilāhi n-nās

The God of mankind,

مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

Min sharri l-waswāsi l-khannās

From the evil of the whisperer who withdraws,

الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ

Alladhī yuwaswisu fī sudūri n-nās

Who whispers in the hearts of mankind,

مِنَ الْجِنَّةِ وَالنَّاسِ

Mina l-jinnati wa n-nās

From among jinn and mankind.



سُورَةُ الْفَلَقِ

Sūratu al-Falaq

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ

Qul a'ūdhu bi-rabbi l-falaq

Say, I seek refuge in the Lord of daybreak,

مِنْ شَرِّ مَا خَلَقَ

Min sharri mā khalaq

From the evil of what He has created,

وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ

Wa min sharri ghāsiqin idhā waqab

And from the evil of the darkness when it settles,

وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ

Wa min sharrin-naffāthāti fil-'uqad

And from the evil of those who blow on knots,

وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

Wa min sharri ḥāsadin idhā ḥasad

And from the evil of an envier when he envies.



سُورَةُ الْإِخْلَاصِ

Sūratu al-Ikhlāṣ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

قُلْ هُوَ اللَّهُ أَحَدٌ

Qul huwa-llāhu aḥad

Say, He is Allah, the One.

اللَّهُ الصَّمَدُ

Allāhuṣ-ṣamad

Allah, the Eternal Refuge.

لَمْ يَلِدْ وَلَمْ يُولَدْ

Lam yalid wa lam yūlad

He neither begets nor is born.

وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

Wa lam yakun lahu kufuwan aḥad

And there is none comparable to Him.



سُورَةُ الْمَسَدِ

Sūratu al-Masad

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

تَبَّتْ يَدَا أَبِي لَهَبٍ وَتَبَّ

Tabbat yadā abī lahabin wa tabb

May the hands of Abu Lahab be ruined, and ruined is he.

مَا أَغْنَىٰ عَنْهُ مَالُهُ وَمَا كَسَبَ

Mā aghnā 'anhu māluhu wa mā kasab

His wealth will not avail him or that which he gained.

سَيَصْلَىٰ نَارًا ذَاتَ لَهَبٍ

Sayaṣlā nāran dhāta lahāb

And He sent against them birds in flocks.

وَأَمْرَأَتُهُ حَمَّالَةَ الْحَطَبِ

Wamra'atuhu ḥammālatal-ḥaṭab

And his wife [as well]—the carrier of firewood.

فِي جِيدِهَا حَبْلٌ مِّن مَّسَدٍ

Fī jīdihā ḥablum mim masad

Around her neck is a rope of twisted fiber.



سُورَةُ النَّصْرِ

Sūratu an-Naṣr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

إِذَا جَاءَ نَصْرُ اللَّهِ وَالْفَتْحُ

Idhā jā'a naṣru-llāhi wal-fathu

When the help of Allah and the victory comes,

وَرَأَيْتِ النَّاسَ يَدْخُلُونَ فِي دِينِ اللَّهِ أَفْوَاجًا

Wa ra'aytan-nāsa yadkhulūna fī dīni-llāhi afwājā

And you see people entering into the religion of Allah in multitudes,

فَسَبِّحْ بِحَمْدِ رَبِّكَ وَاسْتَغْفِرْهُ إِنَّهُ كَانَ تَوَّابًا

Fa-sabbih bi-ḥamdi rabbika wastaghfirhu, innahū kāna tawwābā

Then glorify the praise of your Lord and seek His forgiveness.
Indeed, He is ever Accepting of repentance.



سُورَةُ الْكَافِرُونَ

Sūratu al-Kāfirūn

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

قُلْ يَا أَيُّهَا الْكَافِرُونَ

Qul yā ayyuhal-kāfirūna

Say, "O disbelievers,"

لَا أَعْبُدُ مَا تَعْبُدُونَ

Lā a'budu mā ta'budūn

I do not worship what you worship,

وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ

Wa lā antum 'ābidūna mā a'bud

Nor are you worshippers of what I worship,

وَلَا أَنَا عَابِدٌ مَا عَبَدْتُمْ

Wa lā anā 'ābidum mā 'abadtum

Nor will I be a worshipper of what you have worshipped,

وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ

Wa lā antum 'ābidūna mā a'bud

Nor are you worshippers of what I worship,

لَكُمْ دِينُكُمْ وَلِيَ دِينِ

Lakum dīnukum wa liya dīn

For you is your religion, and for me is my religion.



سُورَةُ الْكَوْثَرِ

❖ Sūratu al-Kawthar ❖

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

إِنَّا أَعْطَيْنَاكَ الْكَوْثَرَ

Innā a'ṭaynāka al-Kawthara

Indeed, We have granted you Al-Kawthar.

فَصَلِّ لِرَبِّكَ وَأَنْحَرْ

Fa-ṣalli li-rabbika wanḥar

So pray to your Lord and sacrifice.

إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ

Inna shāni'aka huwa al-abtar

Indeed, your enemy is the one cut off.



سُورَةُ الْمَاعُونِ

Sūratu al-Mā'ūn

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

أَرَأَيْتَ الَّذِي يُكَذِّبُ بِالْدِّينِ

ra'ayta alladhī yukadhibu bid-dīn

Have you seen the one who denies the Judgment?

فَذَلِكَ الَّذِي يَدْعُ الْيَتِيمَ وَلَا يَحْضُ عَلَى طَعَامِ الْمُسْكِينِ

Wa lā yaḥuḍḍu 'alā ṭa'āmi l-miskīn

Master of the Day of Judgment.

Fa-dhālika alladhī yadu'ul-yatīm

The Most Gracious, the Most Merciful

فَوَيْلٌ لِلْمُصَلِّينَ الَّذِينَ هُمْ عَنْ صَلَاتِهِمْ سَاهُونَ

Alladhīna hum 'an ṣalātihim sāhūn

But are heedless of their prayer,

Fa-waylun lil-muṣallīn

So woe to those who pray,

الَّذِينَ هُمْ يُرَاءُونَ

Alladhīna hum yurā'ūn

Those who show off,

وَيَمْنَعُونَ الْمَاعُونَ

Wa yamna'ūnal-mā'ūn

And withhold small acts of kindness.



سُورَةُ قُرَيْشٍ

Sūratu Qurayshin

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

لِيَأْلَفَ قُرَيْشٍ

Li-īlāfi Qurayshin

For the accustomed security of Quraysh.

إِلْفِهِمْ رِحْلَةَ الشِّتَاءِ وَالصَّيْفِ

īlāfihim riḥlata ash-shitā'i waṣ-ṣayf

Their accustomed security in the caravan of winter and summer.

فَلْيَعْبُدُوا رَبَّ هَذَا الْبَيْتِ

Falya'budū rabba hādhā al-bayt

So let them worship the Lord of this House.

الَّذِي أَطْعَمَهُمْ مِنْ جُوعٍ وَآمَنَهُمْ مِنْ خَوْفٍ

Alladhī aṭ'amahum min jū'in wa āmanahum min khawf

Who has fed them against hunger and secured them from fear.



سُورَةُ الْفِيلِ

Sūratu al-Fīl

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

أَلَمْ تَرَ كَيْفَ فَعَلَ رَبُّكَ بِأَصْحَابِ الْفِيلِ

Alam tara kayfa fa'ala rabbuka bi-aṣḥābi l-fīli

Have you not seen how your Lord dealt with the companions of the elephant?

أَلَمْ يَجْعَلْ كَيْدَهُمْ فِي تَضْلِيلٍ

Alam yaj'al kaydahum fī taḍlīlin

Did He not make their plan go astray?

وَأَرْسَلَ عَلَيْهِمْ طَيْرًا أَبَابِيلَ

Wa arsala 'alayhim tayran abābīla

And He sent against them birds in flocks.

تَرْمِيهِمْ بِحِجَارَةٍ مِّنْ سِجِّيلٍ

Tarmīhim biḥijāratin min sijjīlin

Striking them with stones of baked clay.

فَجَعَلَهُمْ كَعَصْفٍ مَّأْكُولٍ

Faja'alahum ka'aṣfin ma'kūlin

Then He made them like eaten straw.



سُورَةُ الْهُمَزَةِ

Sūratu al-Humazah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

الَّذِي جَمَعَ مَالًا وَعَدَّدَهُ

Alladhī jama'a mālan wa 'addadah

Who collects wealth and counts it.

وَيْلٌ لِّكُلِّ هُمَزَةٍ لُّمَزَةٍ

Waylun likulli humazatin lumazah

Woe to every backbiter and slanderer.

كَلَّا لَيُنْبَذَنَّ فِي الْحُطَمَةِ

Kallā layunbadhanna fil-ḥuṭamah

No! He will surely be thrown into the Crusher.

يَحْسَبُ أَنَّ مَالَهُ أَخْلَدَهُ

Yahsabu anna mālahu akhladah

He thinks that his wealth will make him immortal.

نَارُ اللَّهِ الْمَوْقَدَةُ

Nāru-llāhil-mūqadah

It is the fire of Allah, kindled.

وَمَا أَدْرَاكَ مَا الْحُطَمَةُ

Wa mā adrāka mal-ḥuṭamah

And what will make you know what the Crusher is?

إِنَّهَا عَلَيْهِمْ مُّوَصَدَةٌ

Innahā 'alayhim mu'sadah

Indeed, it will be closed down upon them.

الَّتِي تَطَّلِعُ عَلَى الْأَفْئِدَةِ

Allatī taṭṭali'u 'alal-af'idah

Which rises over the hearts.

فِي عَمَدٍ مُمَدَّدَةٍ

Fī 'amadin mumaddadah

In extended columns.



سُورَةُ الْعَصْرِ

Sūratu al-'Asr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

وَالْعَصْرِ

Wal-'Asr

By Time.

إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ

Innal-insāna lafī khusr

Indeed, mankind is in loss.

إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ وَتَوَاصَوْا بِالصَّبْرِ

Illal-laẓīna āmanū wa 'amiluṣ-ṣālihāt wa tawāṣaw bil-ḥaqqi wa tawāṣaw biṣ-ṣabr

Except those who believe and do righteous deeds, and encourage each other to truth, and encourage each other to patience.



سُورَةُ التَّكَاثُرِ

Sūratu at-Takāthur

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

حَتَّىٰ زُرْتُمُ الْمَقَابِرَ

Hattā zurtumul-maqābir

Until you visited the graves. The rivalry for piling up (worldly things) distracted you.

أَلْهَكُمُ التَّكَاثُرُ

Alhākumu at-Takāthur

ثُمَّ كَلَّا سَوْفَ تَعْلَمُونَ

Thumma kallā sawfa ta'lamūn

Then, no! You shall come to know.

كَلَّا سَوْفَ تَعْلَمُونَ

Kallā sawfa ta'lamūn

No! You shall come to know.

كَلَّا لَوْ تَعْلَمُونَ عِلْمَ الْيَقِينِ

Kallā law ta'lamūna 'ilmal-yaqīn

No! If you only knew with certain knowledge...

ثُمَّ لَتَرَوُنَّهَا عَيْنَ الْيَقِينِ

Thumma latarawnahā 'ayna al-yaqīn

Then you shall see it with the eye of certainty. You would surely see the Hellfire.

لَتَرَوُنَّ الْجَحِيمَ

Latarawunnal-jahīm

ثُمَّ لَتُسْأَلُنَّ يَوْمَئِذٍ عَنِ النَّعِيمِ

Thumma latus'alunna yawma'idhin 'an-in-na'im

Then you shall surely be asked that Day about the blessings (you enjoyed).



سُورَةُ الْقَارِعَةِ

Sūratu al-Qāri'ah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

الْقَارِعَةُ مَا الْقَارِعَةُ وَمَا أَدْرَاكَ مَا الْقَارِعَةُ

Wa mā adrāka mā al-Qāri'ah

Mā al-Qāri'ah

Al-Qāri'ah

And what will make you know what the Striking Calamity is? What is the Striking Calamity? The Striking Calamity.

يَوْمَ يَكُونُ النَّاسُ كَالْفَرَاشِ الْمَبْثُوثِ

Yawma yakūnun-nāsu kal-farāshil-mabthūth

The Day when people will be like scattered moths.

وَتَكُونُ الْجِبَالُ كَالْعِهْنِ الْمَنْفُوشِ

Wa takūnul-jibālu kal-'ihnīl-manfūsh

And the mountains will be like fluffed wool.

فَأَمَّا مَنْ ثَقُلَتْ مَوَازِينُهُ فَهُوَ فِي عِيشَةٍ رَاضِيَةٍ

Fahuwa fī 'ishatin rādiyah

He will be in a pleasant life.

Fa-ammā man thaqulat mawāzīnuh

Then as for the one whose scales (of good deeds) are heavy.

فَأَمَّهُ هَٰوِيَةٌ

Fa-ummuhu hāwiyah

His home will be the abyss.

وَأَمَّا مَنْ خَفَّتْ مَوَازِينُهُ

Wa ammā man khaffat mawāzīnuh

But as for the one whose scales are light.

نَارٌ حَامِيَةٌ

Nārun hāmiyah

It is a blazing Fire.

وَمَا أَدْرَاكَ مَا هِيَ

Wa mā adrāka mā hiyah

And what will make you know what it is?



سُورَةُ الْعَدِيَّتِ

Sūratu al-‘Ādiyāt

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

فَالْمُورِيَّاتِ قَدْحًا

Fal-mūriyāti qadhā

And striking sparks with their hooves.

وَالْعَدِيَّتِ ضَبْحًا

Wal-‘ādiyāti ḍabḥā

By the racing horses that pant.

فَأَثَرُنَ بِهِ نَقْعًا

Fa-atharna bihi naq‘ā

Stirring up clouds of dust.

فَالْمُغِيرَاتِ صُبْحًا

Fal-mughīrāti ṣubḥā

And launching raids at dawn.

إِنَّ الْإِنْسَانَ لِرَبِّهِ لَكَنُودٌ

Innal-insāna lirabbihi lakanūd

Indeed, mankind is ungrateful to his Lord. Then penetrating into the midst of the enemy.

فَوَسَطْنَ بِهِ جَمْعًا

Fawasatna bihi jam‘ā

وَإِنَّهُ لِحُبِّ الْخَيْرِ لَشَدِيدٌ

Wa innahu liḥubbil-khayri lashadīd

And indeed, he is intense in his love of wealth.

وَإِنَّهُ عَلَىٰ ذَٰلِكَ لَشَهِيدٌ

Wa innahu ‘alā dhālika lashahīd

And he himself is a witness to that.

وَحُصِّلَ مَا فِي الصُّدُورِ

Wa ḥuṣṣila mā fiṣ-ṣudūr

And what is in the hearts is revealed. Does he not know that when what is in the graves is scattered.

أَفَلَا يَعْلَمُ إِذَا بُعْثِرَ مَا فِي الْقُبُورِ

Afalā ya‘lamu idhā bu‘thira mā fil-qubūr

إِنَّ رَبَّهُم بِهِمْ يَوْمَئِذٍ لَّخَبِيرٌ

Inna rabbahum bihim yawma’idhin lakhabīr

Indeed, their Lord is fully aware of them that Day.



سُورَةُ الزَّلْزَالِ

Sūratu al-Zilzāl

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhir-Rahmānir-Rahīm

In the name of Allah, the Most Gracious, the Most Merciful

إِذَا زُلْزِلَتِ الْأَرْضُ زِلْزَالَهَا

Alḥamdu lillāhi rabbil-‘ālamīn

When the earth is shaken with its (final) earthquake.

وَأُخْرِجَتِ الْأَرْضُ أَثْقَالَهَا وَقَالَ الْإِنْسَانُ مَا لَهَا

Wa qāl-al-insānu mā lahā

And man says, "What is the matter with it?"

Wa akhrajatil-arḍu athqālahā

And the earth brings out its burdens.

بِأَنَّ رَبَّكَ أَوْحَىٰ لَهَا

Bi-anna rabbaka awḥā lahā

Because your Lord has commanded it.

يَوْمَئِذٍ تُحَدِّثُ أَخْبَارَهَا

Yawma'idhin tuḥaddithu akhbārahā

That Day it will report its news.

يَوْمَئِذٍ يَصْدُرُ النَّاسُ أَشْتَاتًا لِّيُرَوْا أَعْمَالُهُمْ

Yawma'idhin yaṣdurun-nāsu ashtātā liyuraw a'mālahum

That Day people will come forward in separate groups to be shown their deeds.

فَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ خَيْرًا يَرَهُ

Faman ya'mal mithqāla dharratin khayran yarah

So whoever does an atom's weight of good will see it.

وَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ شَرًّا يَرَهُ

Wa man ya'mal mithqāla dharratin sharran yarah

And whoever does an atom's weight of evil will see it.

